



NOVA PIONEER

SCHOOLS FOR INNOVATORS & LEADERS

At-Home Learning Pack Term 1 2020

Week of: March 18 to 20

Grade: 000/Playgroup

Wednesday, March 18th

Recommended Daily Schedule: Wednesday, March 18th

Time	Subject	Learning Experiences
8:00 - 9:00	Academic Time	-Number identification -Hands-on counting -Name identification
9:00 - 10:00	Free Choice Time	-Name identification -Puzzle fixing -Cutting and pasting
10:00 - 10:15	Break	
10:15 - 11:15	Movement Activities	-Exercising gross motor muscles -Bonding with parent
11:15 - 12:15	Creative Activities	-Colour identification -Exercising fine motor muscles -Painting
12:15	Lunch & Rest	

Numeracy Activities

Time: 20 minutes

Learning Goal: Child will:

- Practice identifying numbers
- Practice 1:1 counting

Materials Required:

- Tissue rolls/containers with numbers
- Pegs

Instructions for Learning:

- Sing a number song with your child or ask them to teach you one
- Provide number containers (you can number tissue rolls instead) up to 5 and pegs. Help them identify the numbers then put the corresponding number of pegs



Literacy Activities

Time: 20 minutes

Learning Goal: Child will:

- Trace their name

Materials Required:

- Paper with child's name
- Glue
- Materials to trace with e.g. grains

Instructions for Learning:

- Trace the name of your child on paper using a large font and give them glue and the materials to trace with. Ask them to identify the first sound in their name



Free Choice Activities

Time: 45 minutes

Learning Goal: Child will:

- Fix puzzles
- Create and identify name

Materials Required:

- Puzzles
- Paper with child's name
- Fruit/object pictures
- Glue
- Scissors
- Magazines/newspapers

Instructions for Learning:

- Provide simple puzzles
- Make a name puzzle using your child's name by writing down their name and cutting it into individual letters for them to practice making it



- Draw pictures of an apple or any other picture and provide coloured paper or newspapers/magazines, scissors and glue for learners to cut out their own pieces of coloured paper to stick on the picture.



Movement Activities

Time: 1 hour

Learning Goal: Child will:

- Strengthen gross and fine motor skills

Materials Required:

- Soft ball
- Music

Instructions for Learning:

- Toss a ball with your child to each other, starting a small distance and increasing the distance between you two
- Play music for them to dance to with you

Creative Activities

Time: 45 minutes

Learning Goal: Child will:

- Strengthen fine motor skills
- Learn to identify name

Materials Required:

- Paper (coloured and plain)
- Scissors
- Glue
- Paint/crayons

Instructions for Learning:

- Write the name of your child on any paper and provide coloured paper or magazines for them to cut out small squares to stick to their name. Ask them to mention the colours they are using



- Provide paper and crayons/paint

Thursday, March 19th

Recommended Daily Schedule: Thursday, March 19th

Time	Subject	Learning Experiences
8:00 - 9:00	Academic Time	<ul style="list-style-type: none"> -Pattern formation -Exercising fine motor muscles -Developing concentration -Improving auditory skills
9:00 - 10:00	Free Choice Time	<ul style="list-style-type: none"> -Fixing puzzles (helps with visual discrimination) -Learning to express self through art -Exercising fine motor muscles
10:00 - 10:15	Break	
10:15 - 11:15	Movement Activities	<ul style="list-style-type: none"> -Exercising gross motor muscles
11:15 - 12:15	Creative Activities	<ul style="list-style-type: none"> -Talk about their family and appreciate them -Exercising fine motor muscles
12:15	Lunch & Rest	

Numeracy Activities

Time: 20 minutes

Learning Goal: Child will:

- Strengthen fine motor skills by making patterns

Materials Required:

- Patterns on paper
- Tracing material e.g pebbles, grains, whatever is available

Instructions for Learning:

- Draw on paper different patterns and provide materials for tracing as below. Tell them to use their forefinger and thumb to pick the tracing material to strengthen fine motor skills



Literacy Activities

Time: 20 minutes

Learning Goal: Child will:

- Develop audio and visual discriminatory skills

Materials Required:

- N/A

Instructions for Learning:

- Play *I spy with my little eye*. Parent starts by saying *I spy with my little eye, something that is red*. Your child has to get what you are thinking about then they have their turn. Spy on things around the house that are within view. You can give more hints on what you spy if it's proving a bit too hard for your child.

Free Choice Activities

Time: 45 minutes

Materials Required:

Learning Goal: Child will:

- Strengthen fine motor skills

- Paper
- Colours
- Scissors

Instructions for Learning:

- Provide simple puzzles
- Provide paper and colours for your child to draw freely.
- Help them hold the writing tools properly and write down for learners their picture description as they narrate it to you.
- Draw thick lines (different patterns) on paper and invite your child to cut them

Movement Activities

Time: 1 hour

Materials Required:

Learning Goal: Child will:

- Strengthen gross motor skills

- N/A

Instructions for Learning:

- Sing and dance along to a body song like *Head, shoulder, knees and toes*, you can ask your child to teach you
- Practice hopping on one leg

Creative Activities

Time: 45 minutes

Learning Goal: Child will:

- Strengthen their fine motor skills through cutting, pasting and painting

Materials Required:

- Magazines/newspapers
- Scissors
- Paper
- Glue
- Paint & brushes

Instructions for Learning:

- Have your child go through magazines/newspapers and find pictures of all the things their mothers do. Cut them out and glue them onto paper. The same can be done for dad. Another variation is to have him/her cut out pictures of things that represent the people in the family and the things they like to do as a family.
- Ask him/her to talk about their work.
- Provide paint, brushes and paper for your child to use for free choice painting. It could be their family or activities they like to do as a family

Friday, March 20th

Recommended Daily Schedule:

Friday, March 20th

Time	Subject	Learning Experiences
8:00 - 9:00	Academic Time	-Grouping and sorting -Listening to and interacting with a picture book
9:00 - 10:00	Free Choice Time	-Solving puzzles -Exercising fine motor muscles -Expressing self through art
10:00 - 10:15	Break	
10:15 - 11:15	Movement Activities	-Exercising gross motor muscles
11:15 - 12:15	Creative Activities	-Shape and colour identification -Exercising fine motor muscles
12:15	Lunch & Rest	

Numeracy Activities

Time: 20 minutes

Learning Goal: Child will:

- Sort objects according to provided criteria

Materials Required:

- Tissue rolls/containers with numbers
- Pegs

Instructions for Learning:

- Provide different materials for learners to sort such as hard-soft, rough-smooth, etc. Alternatively, ask them to go around the house looking for hard/soft, rough/smooth items.
- At the end of the sorting ask them to count the items on each side



Literacy Activities

Time: 20 minutes

Learning Goal: Child will:

- Listen to a story read to them
- Answer questions from the story

Materials Required:

- Storybook

Instructions for Learning:

- Pick an engaging story and read it to your child as you engage them in the reading process e.g. asking them to predict what the story may be about, picture read before listening to the reading, parent uses different tones as they read. You can also ask them to mention some of the familiar letter sounds they have heard.
- After reading the story ask them questions related to the story and if possible, give them a lesson from the story that they can relate to their own lives

Free Choice Activities

Time: 45 minutes

Learning Goal: Child will:

- Fix puzzles

Materials Required:

- Puzzles
- Colouring books
- Colours

Instructions for Learning:

- Provide simple puzzles
- If your child has a colouring book provide it as an option to colour or if you have a printer at home you can print pictures for them to colour

Movement Activities

Time: 1 hour

Learning Goal: Child will:

- Strengthen gross motor skills

Materials Required:

- N/A

Instructions for Learning:

- Do stretching exercises with your child. They can also skip rope or practice balancing on one foot

Creative Activities

Time: 45 minutes

Learning Goal: Child will:

- Strengthen fine motor skills
- Identify shapes and colours

Materials Required:

- magazines/newspapers
- Scissors
- Glue
- Paper
- Paint
- Tissue rolls

Instructions for Learning:

- Provide magazines/newspapers and scissors for learners to cut different colours and paste in similar colours e.g. all reds together, etc.



- Cut tissue rolls in half (if working with the small ones) and paint in separate spaces for learners to make circle prints on paper as below.
- Shape the rolls into **other shapes** like squares, hearts, etc by moulding the sides.

