



NOVA PIONEER

SCHOOLS FOR INNOVATORS & LEADERS

At-Home Learning Pack Term 1 2020

Week of: March 18 to 20

Grade: 00/PP1

Wednesday, March 18th

Recommended Daily Schedule: Wednesday, March 18th

Time	Subject	Learning Experiences
8:00 - 9:00	Academic Time	-Counting and number formation -Letter identification and formation and finding objects that start with a specific letter sound
9:00 - 10:00	Free Choice Time	-Expressing self through art -Picture book reading -Writing practice
10:00 - 10:15	Break	
10:15 - 11:15	Movement Activities	-Strengthening gross motor muscles
11:15 - 12:15	Creative Activities	-Colour identification -Gross and fine motor development -Expressing self through art
12:15	Lunch & Rest	

Numeracy Activities

Time: 30 minutes

Learning Goal: Learner will:

- Rote count 1-10
- Count up to 10 concrete objects from around the house

Materials Required:

- Cardboard/paper for creating the numbers
- Glue
- Sand/glitter/salt (you may colour the salt)/any grains

Instructions for Learning:

- Create simple number cards with your child up to 5/10 and ask them to identify the numbers as you make them. You can write the number (5-6 inches long), apply glue and pour sand/glitter/any grains at home.



- After you are done creating the numbers, tell your child to go around and find the number of items per card. Differentiate this by telling them for example *Find 6 red things around the house and put them next to the number 6/Find 4 smooth objects, etc.*
- After they have collected all 5/10 items, count each of them together to ensure they have collected and counted accordingly

Literacy Activities

Time: 30 minutes

Learning Goal: Learner will:

- Form letters of the alphabet
- Find objects around the house that start with the given letters

Materials Required:

- Written letters
- Yarn (sweater thread)/normal thread/shoelaces/string

Instructions for Learning:

- Write the uppercase and lowercase of the letters (Aa, Mm, Tt, Pp) about 3-4 inches)
- Show your child one letter at a time and ask them to give the sound e.g. for letter Aa the sound will be /a/ as in /a/pple. Give your child the available string and ask them to make the letter then go around the house and find objects that start

with that sound. You can time them for added fun then count the number of objects found



Free Choice Activities

Time: 1 hour

Materials Required:

- List any materials required for the activity

Learning Goal: Learner will:

- Create (write/draw) a story of choice
- Fix puzzles
- Practice writing

Instructions for Learning:

- Provide writing materials such as paper, pencils, markers, colours and ask your child to draw and write about their favourite activity/holiday/food/etc.
- Provide books and ask your child to picture read to you
- Provide puzzle for your child to fix
- Write the letters of the name of your child and provide strips of paper as below for them to practice writing



Movement Activities

Time: 1 hour

Materials Required:

- N/A

Learning Goal: Learner will:

- Stretch and exercise

Instructions for Learning:

- Do stretching exercises with your child. They can also skip rope or practice balancing on one foot

Creative Activities

Time: 1 hour

Materials Required:

- Salt
- Liquid food colour/paint
- Glue
- Dropper/paint brush

Learning Goal: Learner will:

- Make a colour pattern using salt
- Create a free choice painting

Instructions for Learning:

- Draw any pattern using pencil on A4 paper and give it to your child to first trace it using glue (one part a time to avoid drying) then applying the salt and finally use a brush or dropper to put paint on the salt trail as they desire



- Provide paint and paper for your child to use. Ask them to tell you what they are drawing and what it means to them
- Provide blocks or puzzles for your child to play with. You may join them. Ask them to build a higher, wider, taller, shorter, longer, building to help them learn different description vocabulary

Thursday, March 19th

Recommended Daily Schedule: Thursday, March 19th

Time	Subject	Learning Experiences
8:00 - 9:00	Academic Time	-Comparing sizes -Counting and writing numbers -Listening to and interacting with a picture storybook
9:00 - 10:00	Free Choice Time	-Building 3D structures -Strengthening gross and fine motor muscles
10:00 - 10:15	Break	
10:15 - 11:15	Movement Activities	-Strengthening gross motor muscles -Bonding with parent
11:15 - 12:15	Creative Activities	-Identification of facial features -Strengthening gross and fine motor muscles -Learning to express self through art
12:15	Lunch & Rest	

Numeracy Activities	
Time: 30 minutes	Materials Required: <ul style="list-style-type: none"> ● An object to compare with e.g cup ● Writing pad/book/paper ● Pencil/crayon
Learning Goal: Learner will: <ul style="list-style-type: none"> ● Compare the sizes of different objects ● Write numbers 	
Instructions for Learning: <ul style="list-style-type: none"> ● Give your child an object such as a cup and ask them to find objects that are bigger, smaller, same size as the cup. ● After about 10-15 minutes of this, ask them what makes each item smaller/same as/bigger than then count each comparison with your child and ask them to try and write the total number of each on a paper/book. If they are unable to write it on their own, write it down and have them copy it or trace on top of it 	

Literacy Activities	
Time: 30 minutes	Materials Required: <ul style="list-style-type: none"> ● A storybook
Learning Goal: Learner will: <ul style="list-style-type: none"> ● Listen to a story read to them ● Answer questions from the story 	
Instructions for Learning: <ul style="list-style-type: none"> ● Pick an engaging story and read it to your child as you engage them in the reading process e.g. asking them to predict what the story may be about, picture read before listening to the reading, parent uses different tones as they read. You can also ask them to mention some of the familiar letter sounds they have heard. ● After reading the story ask them questions related to the story and if possible, give them a lesson from the story that they can relate to their own lives 	

Free Choice Activities

Time: 1 hour

Learning Goal: Learner will:

- Build 3D structures
- Cut and paste pictures from magazines/newspapers

Materials Required:

- Building blocks
- Old magazines/newspapers
- Scissors
- Glue

Instructions for Learning:

- Provide building blocks for your child to construct
- Provide old magazines/newspapers and tell your child to cut out and paste a specific theme e.g. you can ask them to cut out foods/people/cars/etc
- If your child has a colouring book provide it as an option to colour or if you have a printer at home you can print pictures for them to colour

Movement Activities

Time: 30 minutes

Learning Goal: Learner will:

- Strengthen gross motor skills

Materials Required:

- Soft ball

Instructions for Learning:

- Toss a ball with your child to each other, starting a small distance and increasing the distance between you two
- Play music for them to dance to with you

Creative Activities

Time: 1 hour

Learning Goal: Learner will:

- Make a person collage

Materials Required:

- Paper with face outline
- Magazines/newspapers
- Glue
- Scissors

Instructions for Learning:

- Draw a simple face outline and provide magazines/newspapers for learners to cut out the facial features and stick them on the face



- Stick paper under a table easily reachable by your child and provide crayons/markers and give them a topic to draw about or let them choose. After they are done ask them to explain their work to you (you may write down what they say on their paper to help them develop the connection between spoken and written words)




Friday, March 20th

Recommended Daily Schedule:

Friday, March 20th

Time	Subject	Learning Experiences
8:00 - 9:00	Academic Time	-Number identification, writing and counting -Singing rhymes and mentioning rhyming words
9:00 - 10:00	Free Choice Time	-Strengthening gross and fine motor muscles -Picture book reading
10:00 - 10:15	Break	
10:15 - 11:15	Movement Activities	-Strengthening gross motor muscles
11:15 - 12:15	Creative Activities	-Strengthening fine motor muscles -Developing concentration and patience
12:15	Lunch & Rest	

Numeracy Activities	
Time: 30 minutes	Materials Required: <ul style="list-style-type: none"> Paper with written numbers Earbuds/q-tips Paint/ink
Learning Goal: Learner will: <ul style="list-style-type: none"> Rote count 1-10 Trace numbers 1-10 	
Instructions for Learning: <ul style="list-style-type: none"> Sing a number song with your child Write numbers 1-10/15 on paper and provide an earbud and paint for your child to trace the numbers with <div style="text-align: center;">  </div>	

Literacy Activities	
Time: 30 minutes	Materials Required: <ul style="list-style-type: none"> N/A
Learning Goal: Learner will: <ul style="list-style-type: none"> Sing a nursery rhyme Mention rhyming words for auditory discrimination 	
Instructions for Learning: <ul style="list-style-type: none"> Sing a nursery rhyme song with your child (you may ask them to teach you one) Pick words from the rhyme and ask your child to give you words that rhyme with that word e.g. if you sing <i>Twinkle, twinkle little star</i>. Ask your child to give you words that rhyme with the word star You can do another rhyme 	

Free Choice Activities

Time: 30 minutes

- Learning Goal:** Learner will:
- Strengthen gross and fine motor skills
 - Read picture books

Materials Required:

- Blocks
- Picture books
- Lines with patterns
- Scissors

Instructions for Learning:

- Provide blocks for playing
- Provide picture books
- Draw thick lines (different patterns) on paper and invite your child to cut them

Movement Activities

Time: 1 hour

- Learning Goal:** Learner will:
- Strengthen gross motor muscles

Materials Required:

- N/A

Instructions for Learning:

- Sing and dance along to a body song like *Hokey Pokey*, you can ask your child to teach you
- Practice hopping on one leg

Creative Activities

Time: 1 hour

Learning Goal: Learner will:

- Strengthen fine motor skills by cutting

Materials Required:

- White/coloured paper
- Crayons
- Scissors
- Glue
- Materials to decorate butterfly

Instructions for Learning:

- Trace the hands of your child and give them scissors to cut them out and make a butterfly. If the paper is white, they first colour the draw hand before cutting it out. Encourage them to take their time to cut and after cutting and sticking they can count the number of figures



- Write the name of your child on any paper and provide coloured paper or magazines for them to cut out small squares to stick to their name.

