



# Nova Primary Tatu Primary School

## Pre-Primary

### Week 1



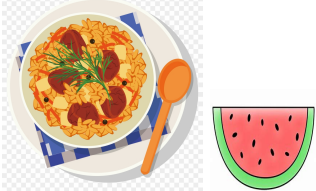


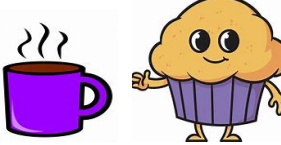







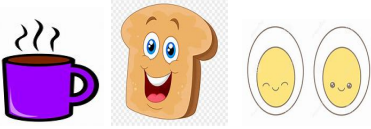

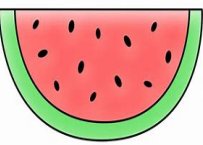




Day	Morning Tea	Lunch	Afternoon Snack
	Hot chocolate served with scones 	Chapati, beef stew, sliced tomatoes, & watermelon 	Popcorn 
	Tea served with muffins 	Chicken off bones, pishori rice, fried cabbage & watermelon 	Banana 
	Hot chocolate served with Scones 	Fries, sausage (chicken), sliced tomatoes & watermelon 	Banana 
	Tea served with bread and boiled eggs 	Rice, beef stew, grated carrots & an orange 	Ham sandwich 
	Hot chocolate served with mandazi 	Pasta (macaroni/spaghetti), meatballs & sliced cucumbers 	Yoghurt (vanilla/strawberry) 



## Nova Pioneer Tatu Primary

### Pre-Primary

### Week 2

Day	Morning Tea	Lunch	Afternoon Snack
	Hot chocolate served with scones 	Rice, shredded beef stew, sliced tomatoes, watermelon 	Banana 
	Tea served with muffins 	Chicken off the bone, ugali & greens 	Orange 
	Hot chocolate served with scones 	French fries, chicken patty, sliced tomatoes and watermelon 	Cup of milk 
	Tea served with bread and boiled eggs 	Parsley potatoes, beef stew and cucumber slices 	Watermelon 
	Hot chocolate served with mandazi 	Beef pilau, cucumber slices, and watermelon 	Yoghurt 





## Nova Pioneer Tatu Primary

### Primary

### Week 1



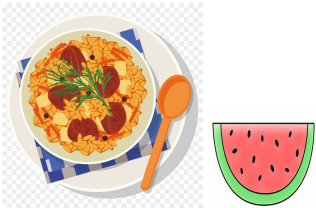










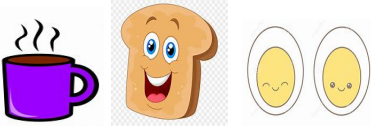
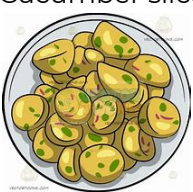
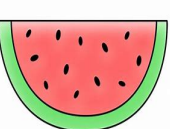



Day	Morning Tea	Lunch	Afternoon Snack
	Hot chocolate served with scones 	Beef stew served with pishori rice and watermelon 	Popcorn 
	Tea served with mandazi 	Chicken, pishori rice & fried cabbage 	Banana 
	Hot chocolate served with muffins 	Pasta (macaroni/spaghetti), meatballs & sliced cucumbers 	Banana 
	Tea served with bread and boiled eggs 	Chapati, beef stew, fried cabbage and orange 	Ham/tomato sandwich 
	Hot chocolate served with scones 	Fries, chicken patty, sliced tomatoes & watermelon 	Yoghurt 



## Nova Pioneer Tatu Primary

### Primary

### Week 2

Day	Morning Tea	Lunch	Afternoon Snack
	Hot chocolate served with scones 	Rice, shredded beef stew, sliced tomatoes and watermelon 	Banana 
	Tea served with mandazi 	Chicken, ugali & greens 	Orange 
	Hot chocolate served with muffins 	Beef pilau with cucumber slices and watermelon 	Hot chocolate 
	Tea served with bread and boiled eggs 	Parsley potatoes, Beef Stew, Cucumber slices 	Watermelon 
	Hot chocolate served with scones 	Fries, samosa, sliced tomatoes and watermelon 	Yoghurt 